



# Tiftarea YMCA 2026 American Red Cross Lifeguard Certification Information Form



Participant's Name: \_\_\_\_\_ ☐ Male ☐ Female

Email (required): \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

\*If participant is under 18 years old, please fill out the information below:

Mother/Guardian 1 Name: \_\_\_\_\_ Father/Guardian 2 Name: \_\_\_\_\_

Cell/Work Phone: \_\_\_\_\_ Cell/Work Phone: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(If participant is under 18 years old)

Signature of Parent/Guardian and Participant on the Tiftarea YMCA registration form indicates permission to participate in the program/programs and the authorization to use promotional photos of participants. I release the Tiftarea YMCA and its staff members from all claims of any injuries which may be sustained by participants while partaking in any YMCA sponsored activity. If medical attention is required, I give permission for such medical care.

## **LIFEGUARD COURSE:**

**Dates:** (Please Circle One)

**April 17<sup>th</sup>** (4:00PM-8:00PM)

**April 18<sup>th</sup>** (8:00AM-8:00PM)

**April 19<sup>th</sup>** (1:00PM-7:00PM)

**Plus Additional Online Component**

**April 24<sup>th</sup>** (4:00pm-8:00pm)

**April 25<sup>th</sup>** (8:00am-8:00pm)

**April 26<sup>th</sup>** (1:00pm-7:00pm)

**Plus Additional Online Component**

**COST:**

**YMCA MEMBER \$175.00**

**NON MEMBER \$200.00**

**Please make sure to bring a towel, goggles, and a change of clothes**

**Participants must be 15 or older and will be expected to pass pre-test requirements to continue class.**

**Pre-test requirements: 300 yard swim, Brick test, 2-minute tread in water, & Exit pool without ladder**

**Red Cross Lifeguarding Certification Includes: CPR, First Aid, AED, and Lifeguarding all valid for 2 years.**

Can Register at the Tiftarea YMCA Main Office  
1657 S Carpenter Rd. Tifton GA 31793  
229-391-9622

Stafford Aquatic Center  
1823 Westover Rd. Tifton GA 31794



# Tiftarea YMCA 2026 American Red Cross Lifeguard Registration Form



## Release and Waiver of Legal Liability

### Tiftarea YMCA Waiver/Release of Liability

I, \_\_\_\_\_ (print), the participant or parent/guardian of the above mentioned, hereby give approval for my/his/her participation in any/all camps, sports, and activities.

I understand that the Tiftarea YMCA assumes no responsibility for injuries or illnesses which the above referenced may sustain as a result of physical condition or resulting from participation in any athletic activities, sports programs, and the use of any equipment, exercise or other activities. I hereby release and discharge the Tiftarea YMCA, its agents, assigns and/or employees from any and all claims for injury, illness, death, loss or damages which may result from the above referenced participation in these activities.

I further understand that the Tiftarea YMCA is not responsible for personal property lost or stolen while members and/or program participants are using YMCA facilities or on YMCA premises.

I give my permission to the Tiftarea YMCA to use, without limitation or obligation, photographs, film footage, or tape recordings which may include me (or my dependent's) image or voice for purposes of promoting or interpreting YMCA programs.

I also grant permission to the Tiftarea YMCA to authorize and obtain medical care from any licensed physician, hospital or medical clinic, should the above referenced become ill or injured while participating in YMCA activities if I am not available to grant authorization for emergency treatment. I realize I may be responsible for the resulting medical bills.

HAVING READ, UNDERSTOOD, AND AGREED WITH THESE TERMS, I HAVE EXECUTED THIS RELEASE TO BE EFFECTIVE IMMEDIATELY.

\_\_\_\_\_  
(Participants Signature)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Parent/Guardian Signature if Participant is under 18 years old)

\_\_\_\_\_  
(Date)

Emergency Contact #1: \_\_\_\_\_ Emergency Contact #2: \_\_\_\_\_

Contact Number: \_\_\_\_\_ Contact Number: \_\_\_\_\_

Known Allergies or Medical Conditions:  
\_\_\_\_\_