

## **Tiftarea YMCA Soccer Rules: Revised 3-1-2025**

3 & 4 year old will play 6v6 with no goalie.

5-6 year old will play 7v7 which includes a goalie.

7-8 year old will play 7v7 which includes a goalie 8v8 when play as Travel Team.

9-10 year old will play 8v8 which includes a goalie 8v8 when play as Travel Team.

11-12 year old will play 8v8 which includes a goalie 9v9 when play as Travel Team.

13-16 year olds will play 8v8 which includes a goalie 11v11 when play as Travel Team

*(may change based upon team size)*

### **Game Length:**

3&4: Two 12 minute halves(coaches keep time)

Officials will keep score & time for leagues below

5-6: Two 12 minute halves

7-10: Two 15 minute halves

11-16: Two 18 minute halves

Half time should be 5 minutes.

### **Substitutions:**

Mandatory that each player must play half of the game (12, 15 or 18 minutes) for ages 5-17

3-4 do not have to play half a game if they choose

### **Optional Substitutions:**

1. Any throw-ins for 3-10
2. Your own throw-in for 11-16
3. In case of injured player (either team may substitute if they wish to)
4. 3-17 : at time of injury or at the quarter/half break
5. All dead ball infraction

### **Coaches:**

**Two coaches from each team may be on the field with his/her team in 3-4 and one coach for 5-6**

**No coaches on field in other divisions!**

### **Start of Play:**

Number of players needed to start & finish a match: 3-4: 4

5-6: 5

7-17: 6

**3-6:** - The opponents must be three yards from the center mark while a kickoff is in progress. will be marked by a circle) - No goal can be scored from kick-off.

**7-14:** - The opponents must be six yards from the center mark while a kick-off is in progress. (will be marked by a circle) - No goal can be scored from kick-off.

**Defense of players must remain 10 feet from ball being kicked to start play. Marked by a circle in middle of field.**

### **OFF-SIDE**

There are no off-side for ages 3-8. Offside will be called for ages 9-17.

### **Throw-ins**

#### **3&4 and 5&6 league only:**

A second throw in is allowed if the player makes an improper throw-in on the initial attempt. The second throw-in takes place after the game official explains the proper method. Please make sure to call improper throw ins

**Heading the ball** No heading the ball for players 10 and under

11-16 can head the ball

**Slide tackles** No Slide tackling for players 10 and under

11-16 can slide tackle

### **Corner Kick & Goal Kicks**

3&4 Corner Kick (with help from coach) Goal Kick allowed (with help of coach) Coach can choose to have player throw in instead of kick

5-17 both corner and goal kicks are played

All fouls that result in an INDIRECT FREE KICK (must touch another player before a goal can be scored).

Penalty kicks (DIRECT FREE KICK) will be allowed for fouls that are sided with offensive player that occur inside goal box. If foul is in favor of defensive player then any defense player will put the ball into play from the penalty kick line **outside** of the goal box line.

(DIRECT FREE KICK) will be allowed for fouls that are sided with offensive player that occur outside of the goal box. Goal can be scored directly off of the kick

Opponents will have to be set 1 yard from the point in which any throw-in is given.

Opponents must be at least 5 yards from the point in which an INDIRECT FREE KICK is taken.

### **Advantage law:**

A clause in the law that directs the referee to refrain from stopping play for a foul if a stoppage would benefit the team that committed the violation.

#### **Rules of conduct to be adhered to by all participants:**

1. Profanities will not be tolerated either on field or in field's general area.
2. **Ungentlemanly conduct will not be tolerated; result is removal from game or area if needed. (Red Card)**
3. Respect for referee, either on field or in field's general area, must be shown by all.
4. Punctuality by both teams and referee must be practiced out of courtesy for others.
5. Dangerous play must not be taught or encouraged. All players must be taught to "play the ball" and not the "man"
6. Proper respect for opposing teams and spectators must be exhibited by all.
7. No sliding for 3-10 leagues

Every Player must play at least a half of a game. (except for 3-4 year olds)

Every Player must come out for at least 2 minutes (cannot play a whole game) **Forfeit if not taken out**

### **At the beginning and end of each game:**

Have both teams meet at the center of the field and ask one team to lead a prayer at beginning and other team at the end.

**YMCA Mission: To put Christian principals into practice through youth and adult programs that promote healthy spirit, mind and body for all.**